



## MALAMULELE ONWARD'S THEORY OF CHANGE

### Our Ultimate Goal

All children with CP living in rural areas, reach their best potential within a supportive environment

Rural CP services begin to have a positive and sustainable impact on children with CP and their families

Parents attending the service no longer feel hopeless and isolated as they come to understand and accept their children with CP and acquire the necessary skills to care for them

Therapists and midlevel workers gain an appreciation for the role of parents in achieving therapeutic outcomes and are able to provide high quality and effective therapy to children with CP

Driven by our approach that emphasises CP as a way of life, the structure of the CP service becomes holistic, efficient and effective at reaching all children with CP within the local area

Our online resources provide additional support to rural CP services and facilitate shared learning between them

We conduct formal research to learn more about CP in resource-constrained settings, parent's experiences and what intervention strategies work best for children with CP

Trained parents become a valuable resource to their local CP service where they are active participants, who are able to teach practical skills to other parents

Therapists & midlevel workers become experienced at applying their understanding and skills effectively and in so doing, gain a deeper understanding of what parents experience

Rural CP services are exposed to fresh ideas for increasing the effectiveness and reach of their service and receive ongoing support

We invite children with CP, their parents, therapists and midlevel workers to attend our Residential Therapy Programme in Johannesburg

Our teams of experienced therapists conduct annual outreach mentoring visits to rural areas where we work together with the CP service, support the trained parents and visit children in their home environment

Parents of children with CP have access to information on CP and how it affects their children, taught in their own language and by someone who has lived the same journey

Therapists, midlevel workers and care workers are equipped with appropriate skills and understand where to start when working with children with CP

Rural therapists have new ideas on how to restructure their CP clinics to deliver a better service

We train parents of children with CP to run workshops on CP for others in their local area

We develop and provide practical training courses on CP for therapists, midlevel workers and care workers

### Resource Mobilisation

We recognise parents of children with CP as valuable resources who can be mobilised through training, empowerment and support

### Capability Development

We enhance the capability and skills of health care workers at all levels of a CP service

### Process Improvement

We provide innovative strategies and ongoing support to shape the quality and effectiveness of rural CP services

### Our Activities

What we do

### Pathways of Influence

We aim to achieve our ultimate goal by influencing rural CP services along three integrated pathways

### Our Outcomes

What we aim to achieve through our activities