

PO Box 52641 Saxonwold 2132 South Africa

Malamulele Onward Therapy & Training Centre Gate 10 13 Joubert Street Extension Braamfontein Johannesburg

> Tel (011) 484 9456 www.CPchildren.org

Malamulele Onward NPC Reg. No. 2006/033287/08

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Requirements for hosting a Malamulele Onward Practical Course on CP for Therapists

Malamulele Onward's focus is on strengthening services for children with CP at rural hospitals and thus making our courses more accessible to rural therapists is important to the organisation. One of the ways that we do this is by encouraging rural hospitals to host a six-day practical course on CP for therapists. This six day course will assist therapists working at public service hospitals to feel more confident and competent in working with children with CP and enable them to improve the quality and effectiveness of the service they provide for children in their area.

Minimum requirements expected of the host hospital:

- Strong support and commitment from the hospital management (the course cannot take place unless the hospital management is fully onboard).
- Twelve children need to be available to come in every day for therapy and stay the whole day (course
 participants have practical sessions in the mornings and afternoons) if they stay very far from the hospital,
 then the hospital will need to explore options for accommodating the children and their caregivers.
- Tea and lunch for the twelve children and their caregivers for 5 days.
- A lecture room/classroom that can seat 24 people. This room must be equipped with enough desks and chairs for 24 participants and 4 tutors.
- An area for practicals to take place where twelve children can be treated simultaneously. (There needs to be enough space for twelve treatment stations)
- A closed off room (separate but close to the others) where the parent workshops can take place. The room must be able to accommodate 14 parents with their children. Only chairs are required for this room
- The hospital must provide 2 vehicles for the home visits that take place on the Saturday of the course.
- There needs to be affordable accommodation near the hospital for course participants.

Commitment from Malamulele Onward:

- Six days of training for therapists with clinical supervision provided by experienced NDT trained therapists.
- All necessary course stationery, manuals, workbooks, assessment forms, etc.
- All twelve children will receive a minimum of 12 hours of supervised therapy over the 6 days.
- Two trained parent facilitators will run workshops on CP for the twelve caregivers while they are not in therapy sessions.
- A bench and standing frame (where suitable) is provided to each child at a cost of only R40 and R100 respectively.
- At least one of the course tutors will return in 4 6 months for a "follow up" visit where therapists from the hospital can treat children under clinical supervision. This helps to consolidate and refresh skills and is at no cost to the therapists.
- All course participants receive ongoing correspondence from Malamulele Onward in the form of newsletters, announcements of new opportunities available, and notifications of useful resources as well as access to their online resource library.

If you are interested in hosting a six-day practical course on CP at your hospital please contact Misty Weyer on 0848903415 or mistystrat@gmail.com