



# Malamulele Onward One-Day Workshops

In 2018 Malamulele Onward will be running 3 exciting workshops that will help you to develop your skills in working with children with CP:

16 May 2018

**“I CAN MAKE A DIFFERENCE”**  
- working with children with severe disabilities  
(GMFCS level 4 & 5)



17 May 2018

**“IT IS NEVER TOO LATE”**  
- working with teenagers & young adults who present with severe contractures & deformities



18 May 2018

**“HOW TO RUN A GROUP”**  
- how you can run successful groups in your CP clinic



R800 for one workshop; R1500 for two; & R2200 for all three  
(save R200 when attending all three workshops)

Complete the application form and send it to [vutomi@cpchildren.org](mailto:vutomi@cpchildren.org) or  
whatsapp a photo of it to 079 092 7590

# "I CAN MAKE A DIFFERENCE"

## A one-day workshop on working with children with severe disabilities (GMFCS level 4 & 5)

When children with CP present with severe multiple disabilities, therapists often find themselves stuck without being able to apply any of the previous skills they have learnt. This is because children with CP who are severely disabled often do not respond to typical treatment strategies. Such situations often lead to therapists feeling like they cannot make a difference in the child's life and therapy becomes viewed as irrelevant and a waste of everyone's time.

This one-day workshop is based on the premise that ALL children with CP can grow, play and learn and that therapists CAN make a difference in this group of children. The day focuses on facilitating movement, communication and play in Level 4 and 5 children with CP who have associated visual, communication and eating and drinking impairments. Therapists CAN make a difference in this group of children and this workshop offers the starting point to unlock their potential to grow, play and learn.

16 May 2018

Malamulele Onward Therapy & Training Centre,  
Braamfontein, Gauteng

### Programme for the day:

8.00 - 8.30	Introduction to the day
8.30 - 10.00	Lecture: A framework for working with children with severe disabilities
10.00 - 10.15	TEA
10.15 - 11.45	Treatment demonstration (including eating and drinking)
11.30 - 12.15	Discussion
12.15 - 1.00	LUNCH
1.00 - 1.45	Practical: handling ideas
1.45 - 3.00	Getting started: how to establish a connection with a child with severe cognitive, communication and visual impairments.
3.00 - 3.30	Questions and wrap-up



6 CPD Points

# “IT IS NEVER TOO LATE”

## A one-day workshop on working with teenagers & young adults who present with severe contractures & deformities

Most teenagers and young adults develop secondary complications and deformities as they become older and often it is too difficult for caregivers to transport them to hospitals for therapy. Only when these secondary complications and deformities become increasingly severe, do teenagers and young adults re-enter the rehabilitation system.

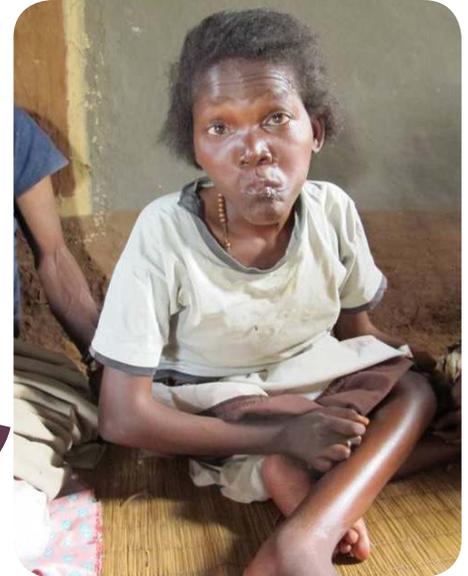
This means that therapists are faced with severe complications that undergraduate training does not prepare them for and they are left not knowing where to start when treating the contracted body in front of them. This workshop is designed to prepare and equip therapists with the necessary skills to treat teenagers and young adults who present with severe contractures, deformities and pain. The title “IT IS NEVER TOO LATE” speaks to the fact that this client group is often written off as “beyond help” as therapists are not equipped to know what to do.

17 May 2018

Malamulele Onward Therapy & Training Centre,  
Braamfontein, Gauteng

### Programme for the day:

8.00 – 8.30	Introduction to the day
8.30 – 10.00	Lecture: A framework for working with teenagers and young adults with severe contractures and deformities
10.00 – 10.15	TEA
10.15 – 11.30	Treatment demonstration 1
11.30 – 12.15	Discussion
12.15 – 1.00	LUNCH
1.00 – 2.00	Treatment demonstration 2
2.00 – 2.30	Discussion
2.30 – 3.15	Home visits – when, why, how, what
3.15 – 3.30	Questions and wrap-up



6 CPD Points

# “HOW TO RUN A GROUP”

## A one-day workshop on how you can run successful groups in your CP clinic

This one-day workshop is for azy therapists who want to know how to run a successful group-centered system in their CP clinic. The seesaw effect of decreased number of rehab staffing and increased number of patients causes a mismatch with the amount of children with Cerebral Palsy that need therapy and the amount of therapist that can provide it. Our solution is a group-centered approach.

Many governmental hospitals only see children with Cerebral Palsy once a month during their clinic visit, for ten minutes to half an hour. With a group-centered approach the advantages are: increasing the amount of time and quality of therapy given to the children as well as increasing the amount of children seen. The benefits stretch to the mothers as well - studies have shown the significant positive influence peer support has on the emotional wellbeing of parents. In undergraduate degrees only Occupational Therapists are trained in running groups, many other professional rehab staff however have not been and might find themselves alone and overwhelmed by overcrowded CP clinics.

18 May 2018

Malamulele Onward Therapy & Training Centre,  
Braamfontein, Gauteng

### Programme for the day:

8.00 - 8.30	Registration and tea
8.30 - 10.00	Lecture on the importance of groups, structure of a group
10.00 - 10.20	TEA
10.20 - 11.30	Lecture continued
11.30 - 11.45	Videos on running groups Discussion on running groups
11.45 - 12.30	Planning your own group with 3 mothers.
12.30 - 13.00	LUNCH
13.00 - 14.30	Running a group practical (in groups)
14.30 - 15.30	Feedback and reflection
15.30 - 16:00	How will you translate this back at your clinic



6 CPD Points



## Malamulele Onward One-Day Workshops

Which workshops are you applying for?

*Tick appropriate blocks*

16 May 2018: I CAN MAKE A DIFFERENCE	
17 May 2018: IT IS NEVER TOO LATE	
18 May 2018: HOW TO RUN A GROUP	

Participant Details:

Name & surname	
Cell number	
Email address	
Name of workplace	
Town of workplace	
Province of workplace	
Profession	
Where did you qualify?	
What year did you qualify?	
Have you attended an Intro CP Course? If so which one & in what year?	
HPCSA number	
Your name as you want it printed on your certificate	
Dietary Requirments	

Please email your application form to [vutomi@cpchildren.org](mailto:vutomi@cpchildren.org) and contact Vutomi on 079 092 7590 for any queries. You may also send a clear WhatsApp of your form if it is easier.